

Survive the Drive

Holidays of 2007

“The holidays are fast approaching and many Sailors and Marines will be driving to their destinations. We owe it to our people to educate them about the dangers of driving unreasonable distances without taking breaks, drinking and driving, and other risk factors. Even one preventable traffic death is one too many for our Navy and Marine Corps team.”

RADM Arthur J. Johnson,
Commander, Naval Safety Center

Common causes of traffic fatalities during the holiday season

“Fatal Four”

- Driving under the influence of alcohol or drugs
- Driving too fast
- Not using seatbelts
- Fatigue

Driving under the influence of alcohol or drugs

- Alcohol is often consumed at command parties and family get-togethers which increases the risk of an accident.
- From Thanksgiving to New Years Day

She was hit by a drunk driver.



In a rush? Tired?

- Many Sailors and Marines are rushing themselves to get home for the holidays.
- Rushing yourself after a full work day and then driving increase your chances of being involved in an accident
- Fatigue drivers' reaction time is about the same as someone who has been drinking or on drugs.

Are you driving in bad weather? How about heavy traffic?

- Bad weather and heavy traffic make road conditions more hazardous during the holidays.
- Prepare for snow and ice
 - Snow and ice cause many car accidents and deaths during the holidays.
- Heavy traffic can sometimes be avoided. Just go around!
- Many drivers also forget to adjust their speed accordingly for bad weather and heavy traffic.

Simple ways to manage personal motor vehicle risks

- Fill out a Travel Risk Planning System (TRiPS) self assessment. TRiPS helps sailors recognize their own driving behaviors and also encourages their superiors to engage in one-on-one counseling with subordinates. TRiPS can be access at www.nko.navy.mil.
- In most states the law limits drivers to 12 hours on the road in a 24-hour period.

Simple ways to manage personal motor vehicle risks

- Limit your driving to 8 hours a day to decrease your chances of becoming a statistic.
- It is recommended that you get a full nights sleep before traveling.
- If you are going to consume alcohol, plan for it.
 - Have a designated driver.
 - Take a taxi.
 - Make use of the safe ride program

Simple ways to manage personal motor vehicle risks

- During a long drive, plan on taking short breaks every two hours. This helps you stay focused and alert.
- If you happen to get tired during your long drive, stop and get a room for the night. It is always better to reach you destination late than never.

KEY MESSAGES

- Personal motor vehicle deaths and injuries diminish Fleet combat readiness.
- Creating a culture of safety must be a top priority for all Sailors and marines, from the highest-ranking officers down to the deck plates.
- Risk management is just as important behind the wheel of a car or truck as it is while performing our missions at work.

Facts & Figures

- Last year, 20 Sailors and Marines died on the highways during the holidays.
- Speed was a factor in 30 percent of those fatalities.
- Know the statistics so you don't become one.

To download more facts about “Surviving Driving: Holidays '07” campaign visit,
www.safetycenter.navy.mil

2007 Selected Period Fatality Forecasts

- **Christmas through New Years**
 - **Predictions for motor vehicle fatalities for navy and marine corps is 4 fatalities**
 - **Predictions for shore recreation is 2**
- Which leads to a total of 6 fatalities!**

Just a Friendly Reminder

- None of us have driven since July.
- When you go home and start driving again, remember your ORM.

Operational Risk Management (ORM)

- Good Operational Risk management involves thinking ahead, and identifying risks.
- One good thought is the risk worth the outcome?
- Master Chief (who is at the top) says NO!!